#### WE'RE OPEN

TUESDAYS 10am - 1pm & 7pm - 9:30pm



We're at the Royal Heights Shopping Centre

### GOT A COMMUNITY PROJECT?



We're looking for local projects to help with. We have the tools, skills and enthusiasm!

### WANT TO JOIN US?

#### PLEASE GET IN TOUCH FOR:

Membership
(Our membership fee is only \$100 a year!)
Evening, weekend and other opening hours
Upcoming Events
Donation of surplus tools and materials

DROP IN & FIND OUT WHAT WE'RE ALL ABOUT (the kettle is always on the boil)

For more information please contact: Andrew Wilson: 027 516 6415 Michael Higham: 021 217 8223

Email: <a href="masseyshednz@gmail.com">masseyshednz@gmail.com</a>
Web: <a href="masseyshed.org.nz">www.masseymensshed.org.nz</a>















# Massey Community MEN'S SHED

We're here in Massey/Westgate

#### MATESHIP



#### SHARING SKILLS



Are you looking for a place to share and learn practical skills, make or repair things, and socialise with like-minded men?

A MEN'S SHED COULD BE THE PLACE FOR YOU!

# WHAT IS A MEN'S SHED?

### Men's Sheds are a non-profit community space where men of all ages and backgrounds can:

- Enjoy a shed / workshop environment in which they can share their interests, skills & talents, knowledge and experience
- Meet for companionship, share ideas, inspire and support each other
- Foster relationships with like-minded company
- Learn new practical skills, and mentor others across all ages
- Have access to tools & machinery and learn how to use them safely
- Work on projects for themselves and their families
- Collaborate side-by-side on projects for the community
- Network and share information and ideas with other community organisations
- Incubate new businesses

# WHAT HAPPENS IN A MEN'S SHED?

### There are many activities and projects that can happen at a Men's Shed:

Woodworking Toy making

Computer skills Electronics

Restoring furniture Community projects

Woodturning Metalwork

Model making Repairing things

Tinkering Inventing

Repurposing Cooking

Light engineering

Make practical things

Bring along a project to work on and gain help and inspiration from others.



# THE SHED IS FOR ITS MEMBERS

Socialising and being active are important for good health and well-being.

Men's Sheds can provide these benefits.

Anyone who comes along to a Men's Shed could:

share and develop skills and hobbies

relax, socialise, have a laugh

relate experiences and support each other

share knowledge and listen to others

discuss health and well-being

talk about anything over a cuppa

make some new mates

The Shed is developing over time to suit the interests and needs of its members.

"GETTING MEN
BACK INTO SHEDS"

"WHERE MEN CAN DO WHAT MEN DO"

"MEN NEED SHEDS"